



## Frequency Phrases

Listen to habits about social media.

**Todd:** So Aimee, do **you use** social media often?

**Aimee:** Yes, I like to **use social** media, like most people.

**Todd:** How often do you use the Internet?

**Aimee:** Well, I check the Internet every day. I'm on my phone all the time. I love **to read** news and **check my** Facebook account.

**Todd:** Ah, Facebook. Do you use Facebook **a lot**?

**Aimee:** I'm on Facebook **all the time**. I check it every day. I think I check **it too** much. I like to look **at my** friends posts. I only post once a day. Some of my friends post once an hour.

**Todd:** Wow, that is too much.

**Aimee:** Mm!

**Todd:** Do you use Twitter?

**Aimee:** I do **not use** Twitter that much. I check it **once in** awhile. Maybe **twice a** week. I follow my friends **and some** famous people. I rarely tweet.

**Todd:** Yeah, me too. What about Instagram?

**Aimee:** I'm **rarely** on Instagram. I only check it once in a blue moon. I post a picture about once **a month**.

**Todd:** Oh, how about Youtube? I love Youtube.

**Aimee:** Oh, me too. I watch it **every day**, but I **do not** post videos. I only watch videos.

**Todd:** Yeah, me too.

## Quiz

- 1) She uses the Internet for \_\_\_\_\_. ✓  
 a) **news**  
 b) work
- 2) She posts on social media. ✓  
 a) once an hour  
 b) **once a day**
- 3) She is \_\_\_\_\_ on Instagram. ✓  
 a) always  
 b) **rarely**
- 4) She \_\_\_\_\_ posts videos. ✓  
 a) often  
 b) **never**

## Grammar Challenge

Fill in the blanks with the correct word.

a month	all the time	rarely	check my
to read	twice a	use social	do not
at my	a lot	once in	it too
every day	you use	and some	not use

## Speaking Challenge

Match the answers with the questions.

- 1) What is something you do once in awhile?
- 2) What is something you almost never drink?
- 3) Do you always wake up before 12?
- 4) Do you always go to sleep before 12?

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- [ 4 ] No, I am always up very late.  
 [ 2 ] Milk. I rarely have it.  
 [ 1 ] I play chess twice a month.  
 [ 3 ] Yes, I never sleep in.

**What about you?** Share your answers to the questions.